


















MORRIS COUNTY

NUTRITION PROGRAMS





Program Name:	Friends for Life
Agency/Institution:	Saint Clares Hospital
Address:	130 Powerville Rd. Boonton, NJ 07866
County:	Morris
Phone:	(973) 316-1833
Focus:	Promote healthy eating.
Services:	  
Population served:	Ages 41+ open to all groups
Funded by:	Organization funds its own program
Fees & Charges:	None
Other information:	-








Program Name:	Senior Contact
Agency/Institution:	Atlantic Health System
Address:	Mountainside Hospital, 1 Bay Ave., Montclair NJ 07042
County:	Essex, Summit, Passaic, Morris
Phone:	(973) 429-6847
Focus:	
Services:	       
Population served:	
Funded by:	
Fees & Charges:	
Other information:	Senior Meal Program


Program Name:	Annual Health Fair
Agency/Institution:	Kinnelon Health Department
Address:	130 Kinnelon Road, Kinnelon, NJ 07405
County:	Morris
Phone:	(973) 838-5403
Focus:	Improve health, lower risk for cancer and heart disease
Services:	     5
Population served:	All adults
Funded by:	Kinnelon Health Department
Fees & Charges:	None
Other information:	Specific cancer prevention focus; information for cancer patients/survivors




MORRIS COUNTY

PHYSICAL ACTIVITY PROGRAMS

Program Name:	Senior Contact
Agency/Institution:	Atlantic Health System
Address:	Mountainside Hospital, 1 Bay Ave., Montclair, NJ 07042
County:	Essex, Summit, Passaic, Morris
Phone:	(973) 429-6847
Focus:	To educate people on how to live with Arthritis and be assertive about your healthcare.
Services:	  
Population served:	Adults over 40, 
Funded by:	Atlantic Health System and the State of New Jersey
Fees & Charges:	None
Other information:	Sponsor and facilitate PACE and WET Arthritis self-help courses; information for cancer patients/survivors

Program Name:	Senior Contact
Agency/Institution:	Atlantic Health System
Address:	100 Madison Ave., Morristown, NJ 07962
County:	Morris, Essex, Union, Passaic
Phone:	(973) 971-7109
Focus:	Health education & wellness
Services:	    
Population served:	 
Funded by:	Atlantic Health System
Fees & Charges:	None
Other information:	Specific cancer prevention focus; information for cancer patients/survivors

Program Name:	Osteoporosis and You, Healthy Back Workshop
Agency/Institution:	Kinnelon Health Department
Address:	130 Kinnelon Road, Kinnelon, NJ 07405
County:	Morris
Phone:	(973) 838-5403
Focus:	To improve the quality of life for those with osteoarthritis by increasing awareness and decreasing injuries
Services:	
Population served:	♀ 40+ and those with osteoarthritis
Funded by:	Kinnelon Health Department
Fees & Charges:	None
Other information:	Demonstrations by professionals

Program Name:	Friends for Life
Agency/Institution:	Saint Clares Hospital
Address:	130 Powerville Rd. Boonton, NJ 07866
County:	Morris
Phone:	(973) 316-1833
Focus:	Promote healthy living.
Services:	  
Population served:	Ages 41+
Funded by:	Organization funds its own programs & programs have fees.
Fees & Charges:	Yes
Other information:	